

Books for parents and professionals in the Family Resource Center
Behavioral Health Library



ADHD

AAP	ADHD: A Complete and Authoritative Guide
AAP	Caring for Children with ADHD Toolkit
Alexander-Roberts, Colleen	ADHD Parenting Handbook
Alexander-Roberts, Colleen	ADHD and Teens
Amen, Daniel	Healing ADD
Barkley, Russell	Taking Charge of ADHD
Barkley, Russel	ADHD in the Classroom ~ Strategies for Teachers video
Bender, William	Understanding ADHD Practical Guide for Teachers
Brown, Thomas	Attention Deficit Disorders and co-morbidities
CHADD	CHADD Information Guide
CHADD	Educators Manual: ADD
Dendy, Chris	Teenagers with ADHD
Dornbush, Marilyn	Teaching the Tiger
Emery, Kevin	Managing the Gift
Feingold,	Why Your Child is Hyperactive
Flick, Ph.D Grad L.	Managing Teens with ADHD
Fowler, Mary	Maybe You Know My Kid
Greenbaum, Judith	Helping Your Adolescent with ADHD & LD
Greenbaum, Judith	Helping Your Hyperactive/ADD Child
Hallowell, Edward	Driven to Distraction
Hallowell, Edward	Delivered from Distraction
Hartmann, Thomas	ADD Success
Hartmann, Thomas	Healing ADD
Harvey, Parker	The ADD Hyperactivity Workbook
Harvey, Parker	Problem Solvers Guide for Students with ADHD
Henniger, Janet	From Chaos to Calm
Ingersoll, Barbara	ADD and LD
Jergen, Robert	The little Monster- Growing Up with ADHD
Kelly, Kate	You Mean I'm Not Lazy, Stupid or Crazy
Kilcarr, Patrick	Voices from Fatherhood: Fathers, Sons and ADHD
Lavin, Paul	Clinical Depression: The Overlooked & Insidious Nemenis
Martin, Kirk and Denita	Celebrate ADHD
Mooney, Jonathon	Learning Outside the Lines
Nadeau, Kathleen	ADD and the College Student
Nadeau, Kathleen	Help4 ADD @ High School
Nadeau, Kathleen	ADD in the Workplace
Nadeau, Kathleen	Help for ADD at School

Nadeau, Kathleen	Understanding Girls with ADHD
Nadeau, Kathleen	Understanding Women with ADHD
Parker, Harvey	Problem Solver Guide for Students
Parler, Harvey	The ADHD Hyperactivity Workbook
Pliszka, Steven	ADHD with Comorbid Disorders
Quinn, Patricia	Adolescents and ADD
Quinn, Patricia	Survival Guide for College Students with ADD or LD
Quinn, Patricia	ADD and the College Student
Reif, Sandra	The ADHD Book of Lists
Rief, Sandra	How to Reach & Teach Children w/ADD/ADHD
Sears, William	The ADD Book
Stein, David	Ritalin is Not the Answer
Taylor, John	Helping Your Hyperactive/ADD Child
Umansky, Warren	ADD: Helping Your Child
Wilson, Reid	Don't Panic
Zeigler, Chris	A Bird's Eye View of Life with ADD and ADHD
Zeigler, Chris A.	Teenagers w/ADHD – A Parents Guide

ADOPTION

Eldridge, Sherrie	20 Things Adopted Kids Wish Their Adoptive Parents Knew
Kingsbury, Karen	A Treasury of Adoption Miracles
Krementz, Jill	How it Feels to be Adopted
Lancaster, Kathy	Keys to Parenting an Adopted Child
Melina, Lois Ruskai	Making Sense of Adoption
Register, Cheri	Are Those Kids Yours?
Verrier, Nancy	The Primal Wound Understanding the Adopted Child
Weishampel, Carol V.	Adopting Darrell

ANXIETY

Buffie, Margaret	Angels Turn Their Backs
Dacey, Lisa	Your Anxious Child
Feingold	Why Your Child is Hyperactive
Foa, Edna	If Your Adolescent Has an Anxiety Disorder
Foxman, Paul	The Worried Child
Hallowell, Edward	Worry
Lerner, Harriet	The Dance of Fear
Pagel, Mark Arthur	Growing Up w/Anxiety Disorder
Wagner, Aureen	Worried No More
Wilson, Reid	Don't Panic

ASPERGERS SYNDROME

Atwood, Tony	Aspergers Syndrome
Basha, Patricia	The Oasis Guide to Aspergers Syndrome
Eden, Alexandra	Holy Smoke

Klass, Perri
Lerner, Harriett
Ozonoff, Sally
Stewart, Kathryn
Willey, Liane

Quirky Kids
The Dance of Fear
Parents Guide to Aspergers Syndrome
Helping a Child with NVLD or Aspergers Syndrome
Pretending to be Normal Living with Aspergers

ATTACHMENT DISORDER

Gray, Deborah
Hughes, Daniel
Ryan, Jane E.
Thomas, Nancy
Thomas, Nancy

Attaching in Adoption
Building the Bonds of Attachment
Broken Spirits Lost Souls
Love is Not Enough: Parenting Children with RAD
Healing Trust: Rebuilding the Broken Bond child with RAD *audio*

AUTISM

Straight Talk About Autism
Straight Talk About Autism
Barron, Judy & Sean
Cohen, Shirley
Eastham, Margaret
Frith, Uta
Gilberg, Christopher
Grandin, Temple
Grandin, Temple
Haddon, Mark
Harris, Sandra
Harris, Sandra
Harris, Sandra
Herbert, Martha
Isaacson, Rupert
Koegel, Robert
Maurice, Catherine
McAfee, Jeanette
McCarthy, Jenny
McClannahan, Lynn E.
Miller, Susan
National Research Council
Park, Clara
Park, Clara
Powers, Michael
Robinson, John Elder
Schopler, Eric
Siegal, Byna
Tobe, Keiko
Volkmar, Fred

Parents and Kids ~Childhood Issues video
Parents and Kids~ Adolescent Issues video
There's a Boy in Here
Targeting Autism
Silent Words – A Biography
Autism: Explaining the Enigma
The Biology of the Autistic Syndromes
Thinking in Pictures
Labeled Autistic
Curious Incident of a Dog in the Nighttime
Behavioral Intervention for Children with Autism
Siblings of Children with Autism
Right from the Start – Behavioral Intervention for Young
The Autism Revolution
The Horse Boy
Teaching Children with Autism
Let me Hear your Voice
Navigating the Social World
Mother Warriors
Activity Schedules for Children w/Autism
Family Pictures
Educating Children with Autism
Exciting Nirvana: A Daughters Life with Autism
The Siege: Families Journey into the World of Autism
Children with Autism
Look Me In The Eye
Parent Survival Manual
The World of the Autistic Child
With the Light – Raising an Autistic Child
Healthcare for Children on the Autism Spectrum

Watt, D. Alison
Weiss, Mary Jane PhD
Williams, Donna

Hurricane Dancing
Reaching Out, Joining in
Nobody, Nowhere

BEHAVIOR

Barkley, Russell
Dryfoos, Joy
Edwards, Drew
Greene, RW
Greene, RW
Hallowell, Edwards
Greene, RW
Greene, RW
Hallowell, Edwards
Koplewicz, Harold
Potter, Efron

Your Defiant Child
Safe Passage
How to Handle a Hard to Handle Kid
Treating Explosive Kids
The Explosive Child
When you Worry About the Child you Love
Treating Explosive Kids
The Explosive Child
When you Worry About the Child you Love
Its Nobody's Fault
Letting Go of Anger

BIPOLAR DISORDER

Anglada, Tracy
Anglada, Tracy
Anglada, Tracy
Birmaher, Boris
Fristad, Mary
Jamison, Kay
Jamieson, Patrick
Lederman, Judith
Lynn, George
Milkowitz, David
Papolas, Demetri
Simon, Lizzie
Singer, Cindy
Steele, Danielle
Torrey, Fuller
Waltz, Mitzi
Worthen, Mary

Childhood Bipolar Disorder
Childhood Bipolar Disorder Answer book
Swivel to Success
New Hope for Children and Teens with BP
Raising a Moody Child
An Unquiet Mind
Mind Race
The Ups and Downs of Raising a Bipolar Child
Survival Strategies for Parenting Children with BP
The Bipolar Disorder Survival Guide
The Bipolar Child
My Bipolar Road Trip in 4-D
If Your Child is Bipolar
His Bright Light: The Story of Nice Triana
Surviving Manic Depression
Bipolar Disorder: A guide to Helping Children
Journey Not Chosen

BULLYING

Beane, Allan
Blake, Jeanne
Blanco, Jodee
Dellasega, Cheryl PhD
Simmons, Rachael
Stein, Nan
Wiseman, Rosalind
Mean Girls

Bully Free Classroom
Words Can Work when talking about Bullying VIDEO
Please Stop Laughing at Me
12 Strategies That Will End Female Bullying
Odd Girl Out
Bullyproof Curriculum
Queen Bees and Wannabes
VIDEO

DEPRESSION

Beardslee, Wm	When a Parent is Depressed
Burns, David	Feeling Good Handbook
Burns, David	Feeling Good Handbook (Revised)
Copeland, Mary Ellen	Living Without Depression and Manic Depression
Copeland, Jessica	Depression Sucks!
Goldstein-Mullin, Cathy	If I Could Snap Out of It, Don't You Think I Would?
Fassler, DG	Help Me, I'm Sad
Ingersoll, Barbara	Lonely, Sad and Angry
Manassis, Katharina	Helping Your Teenager Beat Depression
NIMH	Fighting Depression - VIDEO
Nicholson, Joanne	Parenting Well When You Are Depressed
Oconnor, Richard	Undoing Depression
Papolas, Demetri	Overcoming Depression
Raeburn, Paul	Acquainted with the Night
Riley, Douglas	The Depressed Child: Parents Guide for Rescuing Kids
Rosen, Laura Epstein	When Someone you love is Depressed
Slater, Lauren	Welcome to My Country
Stroll, Andrew	The Omega-3 Connection
Trevor-Grieve, Bradley	The Blue Day Book
Wurtzel, Elizabeth	Prozac Nation

DIVORCE

Beyer, Roberta JD	Speaking of Divorce
Hart, Archibald D., Dr.	Helping Children Survive Divorce
Joselow, Beth	When Divorce Hits Home
Park, Barbara	Don't Make Me Smile
Robboy, Anita	Aftermarraige – The Myth of Divorce
Wolf, Anthony	Why Did You Have to Get a Divorce?
Wyzanski-Robboy, Anita	The Myths of Divorce –Unspoken Marriage Agreements

EATING DISORDERS

Adderholdt, Miriam	Perfection
Bruch, Hilde MD	Eating Disorders
Byrne, Katherine	A Parents Guide to Anorexia and Bulimia
Cash, Thomas F. PhD	The Body Image Workbook
Costin, Carolyn	The Eating Disorder Handbook
Emery-Normandi,Carol	
Freedman, Rita	Body Love
Gilbert, Sarah	The Unofficial Guide to Managing Eating Disorders
Goodman, Laura	Eating Disorders: The Journey to Recovery Workbook
Hall, Lindsey	Bulimia: A Guide to Recovery
Hirschmann, Jane	Overcoming Overeating

Hirschmann, Jane	When Women Stop Hating Their Bodies
Hirschmann, Jane	reventing Childhood Eating Problems
Hornbacher, Marya	Wasted
Kolodny, Nancy	The Beginners Guide to Eating Disorder
Matz, Judith	Beyond a Shadow of a Diet
Normandi, Carol	Over It – A Teens Guide to Getting Beyond Obsessions
NOVA PBS	Dying to be Thin video
Pawlak, Laura MD	Stop Gaining Weight
Phillips, Katherine	The Broken Mirror
Pipher, Mary	Hunger Pains
Roth, Geneen	Why Weight?
Roth, Geneen	Breaking Free From Compulsive Eating
Saker, Ira	Dying to be Thin
Schaefer, Jenni	Life Without Ed
Shelley, Rosemary	Anorexics on Anorexia
Siegel, Mechele	Surviving an Eating Disorder
Thompson, Becky	A Hunger So Wide So Deep
Tribole, Evelyn	Intuitive Eating
Villapiano, Mona	Eating Disorders: Time for Change
Zerbe, Kathryn	Body Betrayed

EDUCATION

AAP	Language Power
Canter, Lee	Homework Without Tears
College Board	College Handbook
Evans, Robert	The Human Side of School Change
Petersons	Colleges for Students with LD and ADHD
Webster-Merriam	New Explorer Student Dictionary

EXECUTIVE FUNCTION

Carson, Shelley	Your Creative Brain
Dawson, Peg	Executive Skills in Children and Adolescents
Dawson, Peg	Smart but Scattered
Goldberk, Elkonon	The Executive Brain
Goldberg, Donna	The Organized Student
Hammerness/Moore	Organize your MIND, Organize your LIFE
Landmark School	Executive Functioning: Key Skills Before Going to College
Lyon, G. Reid	Attention, Memory and Executive Function
Morgenstern, Julie	Organizing from the Inside Out
Morgenstern,Julie	Time Management from the Inside Out
Wood,Eileen	Cognitive Strategy Instruction for Middle and High Schools

FAMILY

Alvarez, Julia	Quando Tia Lola Vino A Quedarse
Covey, Stephen	7 Habits of Highly Effective Families

FETAL ALCOHOL SYNDROME

Dorris, Michael	The Broken Cord
Kleinfeld, Judith	Fantastic Antone Grows Up
Streissguth, Ann	Fetal Alcohol Syndrome

FOSTER CARE

Nelson, Julie	Kids Need to be Safe:A Book for Children in Foster Care
Reilly, Patricia	Pictures of Hollis Woods
Quattlebaum, Mary	Grover G. Graham and Me
Wolfson, Jill	What I Call Life

GRIEF, LOSS AND ILLNESS

Heiney, Sue	Cancer in the Family: Helping Children Cope with a Parent
Kroen, William	Helping Children Cope With the Loss of a Loved One
Kubler-Ross, Elisabeth	On Children and Death
Kubler-Ross, Elisabeth	Life Lessons
Kubler-Ross, Elisabeth	On Death and Dying
Moody, Raymond Jr., MD	Life After Loss
Neeld, Elizabeth	7 Choices: Finding Daylight After Loss Shatters Your World
Russel, Neil	Can I Still Kiss You?
Strongin, Laurie	Saving Henry

GRIEF, LOSS AND ILLNESS (Special Library Collection kept in GRASP mtg. location)

D'Arcy, Paula	When People Grieve
Deturris, Poust, Mary	Parenting a Grieving Child
Fitzgerald, Helen	The Grieving Child
Greer, Jane	Afterlife Connection
Graham Lotz, Anne	Why? Trusting God When You Don't Understand
Grollman, Earl A.	LIVING when a loved one had died
Guggenheim, Judy & Bill	Hello From Heaven!
Guntzelman, Joan	God Knows You're Grieving
Kubler-Ross, Elisabeth	Death the Final Stage of Growth
Kubler-Ross, Elisabeth	Questions and Answers on Death and Dying
Lewis, C.S.	GRIEF
McNeal, Sandra	This Too Shall Pass
Moody, Raymond, Jr.	Life After Loss
Rando, Therese A. Ph.D.	How to Go on Living when Someone you Love Dies
Stanley, Charles F.	Living in the Power of the Holy Spirit
Staudacher, Carol	A Time To Grieve

Thiboedeaux, Mark	God, I Have Issues – 50 Ways to Pray No Matter How You Feel
Vanzant, Iyanla	Yesterday I Cried
Waxler, Robert & Linda	Losing Jonathan

INSPIRATION

Bartlett, Marvin	The Joy Cart
Bullins, David	Exceptional Spirit
Deal, Daniel	Graduating with Honor(s)
Jamison, Kay	Exuberance the Passion for Life
Keays, Kate	Life and all Its Fullness
Menssen, Tyler	Earless
Nelson, Jason	A Voice No Longer Silent
Orsborn, Carol	Nothing Left Unsaid
Parent, Marc	Believing It All
Peck, Scott	The Road Less Traveled
Pransky, Jack	Somebody Should Have Told Us!
Young, Wm. Paul	The Shack
Weeber, Robert	God’s Caregivers

Learning Disabilities

Alliance for Technology	Computer Resources for People with Disabilities
Anderson, Winfred	Negotiating the Special Education Maze
Capper, Lizanne	That’s My Child
Citro, Allissa	Transitional Skills for Post Secondary Success
Citro, Teresa	The Experts Speak
Dornbush, Marilyn	Teaching The Tiger
Gehret, Jeanne	The Don’t Give Up Kid
Landmark Outreach Program	Learning Disabilities: Information and Resources
Lee, Christopher	Faking It: Look into the mind of a creative learner
Lelewer, Nancy	Something is Not Right
Lavoie, Richard	Understanding Learning Disabilities video
Lavoie, Richard	Learning Disabilities and Social Skills video
Levine, Mel	A Mind at a Time
Levine, Mel	All Kinds of Minds
Levine, Mel	Keeping Ahead in School
Levine, Mel	The Myth of Laziness
Levine, Mel (Video)	Misunderstood Minds
Mangrum, Charles	College with Programs for Students with LD
Markova, Donna	How Your Child is Smart
National Research Counsel	Starting Out Right
Olivier, Carolyn and Bowler	Learning to Learn
Shaywitz, Sally	Overcoming Dyslexia
Silver, Larry	The Misunderstood Child
Stern, Judith	Many Ways to Learn

Stray-Gundersen, Karen	Babies with Down Syndrome: A Guide for Parents
Stray-Gundersen, Karen	Bebes con Sindrome de Down
Tuttle, Cheryl	Challenging Voices
White, Barbara	The Self-Help Sourcebook
Whitley, Michael	Bright Minds, Poor Grades

MEDICATIONS

Bezchildnyk-Butler, Kalyna	Clinical Handbook of Psychotropic Drugs
Garber, Stephen	Beyond Ritalin
Kaplan, Harold	Pocket Handbook of Psychiatric Drug Treatment
Pediatric Pharmacology	Children’s Prescription Drugs
Stahl, Stephen	Essential Psychopharmacology
Wilens, Timothy	Straight Talk About Psychiatric Medications for Kids

MENTAL HEALTH

Amador, Xavier	I Am Not Sick. I Don’t Need Help!
Amer. Self	Help Clearing
Hse	The Self-Help Sourcebook
Berger, Diane and Lisa	We Heard the Angels of Madness
Boston Bar Association	The Parents How-To Guide To Children’s MH Services
Bruni, Maryanne	Fine Motor Skills in Children with Down Syndrome
Coles, Robert	Children of Crisis
Dept. Of Health and H. Serv.	Bright Future in Practice: Toolkit
Goldberk, Elkhonon	The Executive Brain
Goleman, Daniel	Emotional Intelligence
Gross, June	Unimagined Bridges
Hales, Dianne	Caring For the Mind
Klein, Stanley	You Will Dream New Dreams
Koplewicz, Harold	Childhood Revealed
Lowry, Lois	The Silent Boy
Marsh, Diane	How to Cope with Mental Illness in your Family
Merriman, Andy	A Minor Adjustment
Ryglewicz, Hilary	Lives at Risk
Tanguay, Pamela	Non Verbal Learning Disabilities at Home
Tanguay, Pamela	Non Verbal Learning Disabilities at School
Thompson, Sue	The Source for Nonverbal Learning Disabilities
White, Barbara	The Self-Help Sourcebook

MINDFULNESS SELF HELP (STRESS)

Batchelor, Stephen	Buddhism Without Beliefs
Benson, Herbert	The Wellness Book
Benson, H/Klipper, M	The Relaxation Response
Borysenko, J/Miroslav	The Power of the Mind to Head
Borysenko, Joan PhD	Minding the Body, Mending the Mind

Kabat-Zin, Jon PhD	Full Catastrophic Living
Kabat-Zin, Jon PhD	Guided Mindfulness Meditation – 4 Practice CD’s
Kabat-Zin, Jon PhD	Wherever You Go There You Are
Kabat-Zin, Jon PhD	Letting Everything Become Your Teacher – 100 Lessons in
Kabat-Zin, Jon PhD	Coming to Our Senses
Kabat-Zin, Jon PhD	Arriving at your Own Door
Kornfield, Jack	Meditation for Beginners
Ornish, Dean Dr.	Reversing Heart Disease
Rosenberg, Larry	Breath by Breath
Salzberg, Sharon	Faith – Trusting your Own Deepest Experience
Salzberg, Sharon	Loving – Kindness – The Revolutionary Art of Happiness
Santorelli, Saki	Heal Thy Self – Lessons on Mindfulness in Medicine
Sell, Christina	Yoga from the Inside Out
Siegel, Bernie S. MD	Love Medicine & Miracles
Siegel, Bernie S. MD	Peace, Love & Healing
Toner, Patricia-Rizzo	Stress Management and Self-Esteem Activities
Trungpa, Chogyam	Shambhala – The Sacred Path of the Warrior

NONVERBAL LEARNING DISORDERS

Nowicki, Stephen, Jr., Ph.D.	Helping the Child Who Doesn’t Fit In
Stewart, Kathryn	Helping a Child with NVLD or Aspergers Syndrome
Tanguay, Pamela	Nonverbal Learning Disabilities at Home
Tanguay, Pamela	Nonverbal Learning Disabilities at School
Thompson, Sue	The Source for Nonverbal Learning Disabilities

OCD

Chansky, Tamar	Freeing Your Child from OCD
Colas, Emily	Checking In
Colas, Emily	Just Checking
Foa, Edna	Stop Obsessing
Gravitz, Herbert	Obsessive Compulsive Disorder-New Help for Family
Hollander, E	OCD
Hollander, Eric	Everything In It’s Place
Korin, Lauren	OCD and Related Disorders in Adults
March,John	Talking Back to OCD: The Program that helps kids and Teens
Marche, John	OCD in Children and Adolescents
Neziroglu, Fugen	Over and Over Again
Rapport, Judith	The Boy Who Couldn’t Stop Washing
Schwartz, Jeffrey M.	Brain Lock
Steketee, Gail	When Once is Not Enough
Summers, Marc	Everything in Its Place
Tashjian, Janet	Multiple Choice
Wagner, Aureen	What To Do When Your Child has OCD

PARENTING

AAP	Guide to Your Child's Sleep
AAP	Caring for Your Baby and Child
AAP	Caring for Your School Age Child
AAP	Caring for Your Teenager
Ames, Louise Bates, Ph.D.	Your Three Year-Old, Friend or Enemy?
Anderson-Swedo, Susan, Dr,	Is It Just a Phase?
Bailey, Becky A. PhD	Easy to Love, Difficult to Discipline
Baskin, Amy	More Than a Mom: Living a Full and Balanced Life
Bates-Ames, Louse Bates	Your Six Year Old Child
Bates-Ames, Louse Bates	Your Nine Year Old Child
Bay, Willow	Talking to Your Kids in Tough Times
Benson, Peter	What Kids Need to Succeed
Bernard, Susan	The Mommy Guide
Berends, Polly	While Child/While Parent
Bodenhamer, Gregory	Back in Control
Borowitz, Susan	When You're in Public Pretend You Don't Know Me
Boston Women's H C	The New-Our bodies Ourselves
Bradley, Michael	Yes, Your Teen is Crazy
Brazelton, T. Berry MD	Your Child's Emotional and Behavioral Development
Bromfield, Richard	Living With The Boogyman
Bronson, PO & Merryman A.	NurtureShock
Brooks, Robert	Raising Resilient Children
Brooks, Robert PhD	The Power of Resilience
Burnett, Karen	Simon's Hook
Canfield, Jack	Chicken Soup for the Soul
Clark, Lynn	SOS Help for Parents
Coburn, Karen Levin	Letting Go – A Parents' Guide to Understanding the College
Cohen-Sandler	Trust Me Mom, Everyone Else is Going
Cohen-Sandler, Ph.D.	I'm Not Mad, I Just Hate You!
Cohen, George	Guide to Your Child's Sleep
Coleman, Dr. Shelia Schuller	Erasing Your Mommy Guilt
Crary, Elizabeth	Love and Limits
Crompton, Vicki	Saving Beauty from the Beast
Dendy, Chris Zeigler	Teenagers with ADD (A Parent's Guide)
Deturris-Poust, Mary	Parenting a Grieving Child
Elkin, David	Parenting the Teenager
Ellison, Sheila	365 Ways to Help Your Children Grow
Elman, Natalie	Simple Strategies to Help Your Child Make Friends
Faber, Adele	How to Talk so Your Child Will Listen
Faber, Adele and Mazlish, E.	How to Talk so Kids will Listen & Listen so Kids will Talk
Faber, Adele	Siblings Without Rivalry
Ferber, Richard	Solve Your Child's Sleep Problems
Ferber, Richard	Como Evitar El Insomnio Infantil
Ford, Judy	Wonderful Ways to Love a Teen
Fraiberg, Selma	The Magic Years

Frankel, Fred	Good Friends are Hard to Find
Garrod, Andrew	Adolescent Portraits-identity, relationships and change
Giannetti, Charlene C.	Cliques – 8 Steps to Help your Child Survive the Social Jungle
Greene, Ross W., Ph.D.	The Explosive Child
Greenspan, Stanley I, MD	The Challenging Child
Gurian, Michael	A Fine Young Man
Gurian, Michael	The Wonder of Boys
Gurian, Michael	The Wonder of Girls
Harris, Bonnie	When Your Kids Push Your Buttons
Hersch, Patricia	A Tribe Apart
Jamison, Kay	Exuberance
Jones, Claire	Understanding Your Special Needs Grand Child
Kaplan, Cynthia	Helping Your Troubled Teen
Karnofsky, Florence	How To Prepare Your Child For Kindergarten
Kindlon, Dan	Raising Cain
Kochenderfer, Rebecca	Homeschooling for Success
Kornhaber, Arthur MD	Grandparent Power!
Kurcinka, Mary	Raising Your Spirited Child
Lansky, Vicky	Childproof Your Home
Larimore, Walt, MD	Super Sized Kids
Leach, Penelope	Your Baby & Child
Levine, Mel	Jarvis Clutch-Social Spy
Levine, Mel	Talking to Your Kids in Tough Times
Lofas, Jeannette	Stepparenting (The Real Problem The Real Solutions)
Madorsky-Elman, Natalie	The Unwritten Rule of Friendship
Markoway, Barbara	Nurturing the Shy Child
Marsh, Jayne	From the Heart of Being the Mother of a Child with SN
Melina, Lois	Raising Adopted Children
Morris, Michael	Slow Way Home
Murray, Jill	But I Still Love Him
Nemiroff, Marc A	A Child's First Book About Play
Newman, Susan	Parenting an Only Child
Paul, Henry, MD	Is My Child OK?
Phelan, Thomas	1-2-3 Magic Effective Discipline for Children 2-12
Phelan, Thomas	Surviving Your Adolescents: How to Manage Your 13-18
Phelan	1-2-3 Magic video
Pickhardt, Carl	The Everything Parent's Guide to The Strong Willed Child
Pickhardt, Carl, Ph.D.	Keys to Developing Your Child's Self Esteem
Pickhardt, Carl, Ph.D.	Keys to Single Parenting
Piper, Mary	Reviving Ophelia
Piper, Mary	The Shelter of Each Other
Pollack, William	Real Boys
Poretta, Vickie	Good Mother's Guide to Raising a Good Student
Pransky, Jack	Parenting from the Heart
Pruitt, David	Your Adolescent
Pruitt, David	Your Child

Rauch, Paula	Raising An Emotionally Healthy Child: When a Parent is Sick
Riley, Dr. Douglas	The Defiant Child: A Parent's Guide to ODD
Schachter, Steven MD	The Brainstorms Family
Schopler, Eric	Parenting Survival Manual
Schwartz, Pepper Phd	Ten Talks Parents Must Have w/their Children About Sex
Sears, William	The Discipline Book
Sears, William & Martha	The Healthiest Kid in the Neighborhood
Sears, William MD	The NDD Book
Shandler, Nina	Ophelia's Mom
Siegel, Daniel J. MD	Parenting from the Inside Out
Sloane, Howard	The Good Kid Book
Strauch, Barbara	The Primal Teen
Swedo, Susuan	Is It Just a Phase?
Talan, Kenneth	Help Your Child or Teen Get Back on Track
Thompson, Michael	Best Friends, Worst Enemies
Thompson, Michael	Speaking of Boys
Turecki, Stanley, MD	The Difficult Child
Wiseman, Rosalind	Queen Bee Moms and Kingpin Dads
Wolf, Anthony	Get Out of My Life – But 1 st could you drive me and Cheryl to
Zibners, Lara MD	If your kid eats this book, everything will still be okay

PROFESSIONALS

AA Pediatrics	Substance Abuse Guide for Health Care Professionals
American Academy of Pedia	Substance Abuse – A Guide for Health Professionals
APA	DM-1V-TR
APA	Diagnostic Criteria for DSM_1V
Asher, Michael	ADHD Forms Book
Bezchlibnyk-Butler	Clinical Handbook of Psychotropic Drugs
Bowlby, John	Separation – Anxiety and Anger
Brown, Thomas	Attention Deficit Disorder and co-morbidities
Carman, Rebecca	Helping Kids Heal: 75 activities to help children recover..
Casarjian, Bethany	Power Source: Facilitators Manual
Connors, Gerard	Substance Abuse Treatment and the Stages of Change
Davis, Martha	The Relaxation and Stress Reduction Workbook
Dept. of Health and H. Serv.	Best Practices of Youth Violence Prevention
Dept. of Health and H. Serv.	Disaster Response and Recovery
Dept. of Health and H. Serv.	Mental Health: A Report of the Surgeon General
Dept. of Health and H. Serv.	Psychosocial Issues for Child/Adolescent Disasters
Dept. of Health and H. Serv.	Report of the Surgeons Generals Conference on Children
Dept. of Health and H. Serv.	Screening and Assessing Adolescents for substances
Dept. of Health and H. Serv.	Responding to People with MI in the Time of Disaster
Dewolfe, Deborah	Training Manual for MH Workers in Disaster
Fanning, Patrick	The Addiction Workbook
Fogel, Barry S.	Neuropsychiatry
Fox, Ronald	Misdiagnosis ADHD, Bipolar, Aspergers, Depression...

Fromm-Reichmann, Frieda MD	Principles of Intensive Psychotherapy
Goldstein	Clinicians Guide To Adult ADHD
Green,Ross	Treating Explosive Kids
Gustein, Steven	Relationship Development Intervention with Young Children
HRSA	Bright Futures in Practice: Mental Health Vol. 1
HRSA	Bright Futures in Practice: Mental Health Vol. 2
John Hopkins Hospital	The Harriet Lane Handbook
Jongsma, Arthur	Brief Adolescent Therapy Homework Planned
Jung, C.G.	Analytical Psychology Its Theory & Practice
Kaplan, Harold	Pocket Handbook of Psychiatric Drug Treatment
Leppik, Llo	Patients with Epilepsy
Marra, Thomas	Depressed and Anxious
Matz, Judith,	Beyond a Shadow of a Diet
Mercugliano, Marianne	Clinicians Guide to Adult ADHD
Merriam-Webster	Medical Dictionary
NAMI	Primary Prevention in Mental Health
NIMH	A Plan for Prevention Research for the NIMH
NIMH	Special Report: Schizophrenia
NIMH	Translating Behavioral Science into Action
Nat. Institute of Health	Panic Disorder in the Medical Setting
Nat. Institute of Health	Primary Prevention in MH- Bibliography
Phelan, Thomas	1-2-3 Magic for Teachers
PIM	Treatment of Psychiatric and Behavioral Problems and MR
Pliszka, Steven	ADHD with Co-morbid Disorders
Pollack, William	Real Boys Work Book
Price, Prentiss	The Cyclothymia Workbook
Sajatovic, Martha MD	Rating Scales in Mental Health
Schachter, Steven MD	The Brainstorms Family
Schouten, Ronald, MD	Almost a Psychopath
Shure, Myrna	I Can Problem Solve, Kindergarten and Primary Grades
Sideridis, Georgios D.	Learning Disabilities
Siegel, Daniel	The Developing Mind
Sonders, Susan	Giggle Time Establishing the Social Connection
Spasaro, Shiela	Refusal to Speak Treatment of Selective Mutism
Springer, Sally	Left Brain, Right Brain
Stavney, Phillip	Psychiatry 2000 an Internet Resource Guide
Taber	Tabers Medical Dictionary
Thomas, Nancy	When Love is Not Enough
Thompson	Physicians Desk Reference

SCHIZOPHRENIA

Nasralla, Henry	The Patient with Schizophrenia
Steele, Dan	The Day the Voices Stopped
Torray, E	Surviving Schizophrenia

SEIZURE DISORDER

Freeman, John	Seizures and Epilepsy in Childhood
Moshe, Solomon	Parke Davis Manual on Epilepsy
Schachter, Steven	The Brainstorm Family
Schachter, Steven	The Brainstorm Series
Smith, Patricia	Children with Epilepsy

SELF-INJURY

Levenkron, Steven	Cutting
McCormick, Patricia	Cut
Strong, Marilee	Bright Red Scream
Winkler, Kathleen	Cutting and Self Mutilation

SENSORY INTEGRATION

Beil, Lindsey	Raising a Sensory Smart Child
Kranowitz, Carol	The Out of Sync Child
Kranowitz, Carol (<i>Video</i>)	The Out of Sync Child
Kranowitz, Carol	The Out of Sync Child Has Fun

SEXUAL ABUSE

Bahr, Amy	Sometimes Its OK To Tell Secrets <i>read w/ child</i>
Bass, Ellen	The Courage to Heal: A guide for Women Survivors
Davis, Laura	The Courage to Heal Workbook
Dayee, Frances	Private Zone <i>read w/ child</i>
Foon, Dennis	Am I The Only One? <i>read w/ child</i>
Hagans, Kathryn	When Your Child Has Been Molested <i>read w/ child</i>
Wachter, Oralee	No More Secrets For Me <i>read w/ child</i>
	Top Secret- Sexual Assault Information for Teens Only

SEXUAL ISSUES

Hoyle, Sally	The Sexualized Child in Foster Care
Wachter, Oralee	More Secrets For Me <i>read w/ child</i>

SEXUAL ORIENTATION

Griffin, Writh	Beyond Acceptance
Sanchez, Alex	Rainbow Boys
Sanchez, Alex	Rainbow High
Sanchez, Alex	Rainbow Road
Hoyle, Sally	The Sexualized Child in Foster Care
Huegel, Kelly	GLBTQ:The Survival Guide for Queer and Questioning Teens
Winick, Judd	Pedro & Me

SIBLINGS

Meyer, Donald	Living With A Brother or Sister With Special Needs
Meyer, Donald	The Sibling Slam Book
Moorman, Margaret	My Sister's Keeper
Simon, Clea	Mad-House- Growing Up In The Shadow of M III Siblings
Simon, Rachel	Riding the Bus with my Sister
Sones, Sonya	Stop Pretending
trohm, Kate	Am I the only One? Living with a sibling with spec needs

SPECIAL NEEDS

Ford, Jill Rose	Motherhood Magnified
Ginsberg, Debra	Raising Blaze
Greenspan, Stanley	The Child with Special Needs
Greenwald, Robert	My Son, My Gentle Son
Lavin, Judith	Special Kids Need Special Parents
McBryde-Johnson, Harriet	Accidents of Nature
Nowicki, Stephen	Helping the Child Who Doesn't Fit In
Sherman, Debbie	Jennessa's Journey – Miracle of Baby J
Simons, Robin	After The Tears
Wade, Janet	The Angel Within

SUBSTANCE ABUSE (Special Library Collection kept in LTC meeting location)

	Losing Jonathan
Ackerman, Robert Therapists	Children of Alcoholics: Guide for Parents, Educators,
AA	Alcoholics Anonymous 3 rd Edition
AA	As Bill Sees It
AA	Dr. Bob and the Good Old timers
AA	Stools and Bottles
AA	Twelve Steps and Twelve Traditions
AL- Anon Family Groups	Living with Sobriety
AL- Anon Family Groups	Courage to Change
AL-Anon Family Groups	Faces Alcoholism
American Academy of Psy	American Journal on Addictions
AMA	Living Sober
Anonymous	Go Ask Alice
Ashner, L/ Meyers, M	When Parents Love Too Much
Barker, Terry	Last Chance This Life: A Hundred Letters
Beattie, Melody	Co-Dependant No More
Beattie, Melody	The Lessons of Love
Beattie, Melody	Co-Dependents' Guide to the Twelve Steps
Beattie, Melody	Journey to the Heart
Beattie, Melody	The Language of Letting Go
Black, Claudia	It Will Never Happen to Me!

Clapton, Eric	Clapton
Clegg, Bill	Ninety Days
Conyers, Beverly	Addict In the Family
Conyers, Beverly	Everything Changes: Help for Families of Newly Recovering Addicts
Fanning, Patrick	The Addiction Workbook
Fontaine, Claire	Comeback: a mother daughter journey through hell and back
Frey, James	A Million Little Pieces
Doyle, Robert	Almost Alcoholic
Girlow, Stuart	Substance Abuse Disorders
H, Julia	Letting Go With Love – Finding Peace of Mind & Heart
Health Communications	Co-Dependency
Hoffman, John	Addiction: Why Can't They Just Stop
Jay, Deborah	No More Letting Go
Judge, Mark Gauvreau	Wasted
Kaplan, Cynthia	Helping your Troubled Teen
Keegan, Kyle	Chasing the High
Kubler-Ross, Elisabeth	Life's Lessons
Kuhn	Buzzed-the Straight Facts about the most used and abused drugs
Levy, Michael	Take Control of Your Drinking (And You May Not Need to Quit)
McGovern, George	My Daughter's Life and Death Struggle w/Alcoholism
Meier, Barry	Pain Killer – A "Wonder" Drug's Trail of Addiction and Death
Mooney, Al MD	The Recovery Book
Moyers, William Cope	Broken-My Story of Addiction and Redemption
Nakken, Craig	The Addictive Personality
Narcotics Anonymous	An Introductory Guide to Narcotics Anonymous
Narcotics Anonymous	The Narcotics Anonymous Step Working Guides
NIDA/NIAAA HBO	Addiction
Shaffer, Howard	Change Your Gambling: Change Your Life
Sheff, David	Beautiful Boy
Sheff, Nic	Tweak: growing up on methamphetamines
Thomassen, Susan	The Trouble with Tom
United States Dept. of Health	Treatment of Adolescents with Substance Use Disorders
Vanzant, Iyanla	In the Meantime
Vanzant, Iyanla	Yesterday, I Cried
Vanzant, Iyanla	One Day My Soul Just Opened Up
Volkman, Chris & Toren	From Binge to Blackout
Volkman, Chris & Toren	From Ritual to Repertoire
Wainright, Andrew	It's not Okay to be a Cannibal
Walls, Jeannette	The Glass Castle
Westreich, Laurence, MD	Helping the Addict you Love
Woititz, Janet	Adult Children of Alcoholics
Zailckas, Koren	Smashed- story of a drunk girlhood

SUICIDE

[Carlson, Trudy](#)

[Suicide Survivors' Handbook](#)

Fields, Terri	After the Death of Anna Gonzales
Fine, Carla	No Time To Say Goodbye Surviving the Suicide of a Love
Finneran, Kathleen	The Tender Land
Jamison, Kay	Night Falls Fast
	SOS: Get Into the Act video
Runyon, Brent	The Burn Journals

TEEN

Allison, Linda	Blood and Guts – A Working Guide to your Own Insides
Alvarez, Julia	Quando Tia Lola Vino A Quedarse
Anderson, Laurie	Speak
Asgedom, Mawi	The Code
Asgedom, Mawi	Of Beetles & Angels
Bell, Ruth	Changing Bodies, Changing Lives
Blanco, Jodee	Please Stop Laughing at Me
Bolden, Tanya	33 Things Every Girl Should Know
Buffie, Margaret	Angels Turn their Backs
Byalick, Marcia	Quit It
Canfield, Jack	Chicken Soup for the Kid’s Soul
Canfield, Jack	Chicken Soup for the Teenage Soul
Carlson, Richard	Don’t Sweat the Small Stuff for Teens
Casarjian, Bethany	Power Source Growing Up Strong Raising Healthy Kids
Casarjian, Bethany	Power Source: Taking Charge of Your Life
Cattrell, Kim	Being a Girl
Cohen-Sandler, Roni, Ph.D	Stressed-Out Girls
Covey, Stephen	The 7 Habits of Highly Effective Teens
Cranford, Jack	Chicken Soup Letters
Cummings, Rhoda	The School Survival Guide for Kids with LD
Daldry, Jeremy	Teenage Boy’s Survival Guide
Dee, Catherine	The Girls Guide to Life
Dryfoos, Joy	Making it Through Adolescence
Essex District Attorney	Think Before you Send! - VIDEO
Essex District Attorney	Sentencing - VIDEO
Frankel, Fred	Good Friends are Hard to Find
Gaskins, Pearl Fuyo	What are You?
Gellman, Marc	“Someday You’ll Thank Me”
Giff, Patricia	Pictures of Hollis Woods
Godfrey, Rhett	The Teen Code
Gravalle, Karen & Jennifer	The Period Book
Gray, Alice	Stories for a Teens Heart
Greene, Shep	The Boy Who Drank To Much
Greenburg, Dan	Claws
Harris, Robie	It’s No Amazing
Hersch, Patricia	A Tribe Apart: A Journey Into the Heart of American Adolescence
Hesser, Terry	Kissing Doorknobs
Jones, Carolyn	Every Girl Tells a Story

Jukes, Mavis	The Guy Book- an owner's manual
Jukes, Mavis	It's A Girl Thing
Kriegsman, Kay	Taking Charge Teens Life & Physical Disability
MacDonald, Gordon	A Resilient Life
Madaras, Lynda	My Body, Myself for Boys
Madaras, Lynda	The What's Happening to My Body? Book for Girls.
Madaras, Lynda	The What's Happening to My Body? Book for Boys.
MacLachlan, Patricia	Baby
Madaras, Lynda	My Body, Myself for Girls
Marcus, David	What it Takes to Pull Me Through
McCoy, Kathleen, Ph.D.	Understanding Your Teenager's Depression
McCoyd, Ed	To Live and Dream
Packer, Alex	How Rude: The Teenagers Guide to Good Manners
Pennebaker, Ruth	Don't Think Twice
Potasch, Marlin	Am I Weird or Is This Normal?
Quarles, Heather	A Door Near Here
Rosenberg, Ellen	Growing Up Feeling Good
Shandler, Sara	Ophelia Speaks
Simmons, Rachael	Odd Girl Speaks Out
Strauch, Barbara	The Primal Teen
White, Ruth	Belle Prater's Boy
Willis Holt, Kimberly	When Zachary Beaver Came to Town

TOURETTE'S SYNDROME

Hearle, Tracy	Children with Tourette's syndrome
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TRAUMA

Bass, Ellen & Laura Davis	Courage to Heal
Groves, Betsy M.	Children Who See Too Much
Terr, Lenore, MD	Too Scared to Cry
Monahan, Cynthia	Children and Trauma: A Parent's Guide to Helping Children
Heal	

VIOLENCE

Bancroft, Lundy	Why Does He Do That?
District Attorney's Office	Sentencing
Kellerman, Jonathon	Savage Spawn
Pelzer, Dave	A Child Called "It"
Pelzer, Dave	A Man Named Dave
Pelzer, Dave	Help Yourself
Pelzer, Dave	The Lost Boy