

Children's books available in the Family Resource Center



MassGeneral *for* Children[™]
at North Shore Medical Center

CHILDREN WITH CHALLENGES:

ADHD

Fruchter, Denise	Other People
Galvin, Mathew	Otto Learns to Take His Medicine
Gantos, Jack	Joey Pigza Swallowed the Key
Gehret, Jeanne	Eagle Eyes: A Child's Guide to Paying Attention
Gordon, Michael, PhD	My Brother's a World-Class PAIN
Hallowell, Ned	A Walk in the Rain with a Brain
Kraus, Jean	Cory Stories
Moss, Deborah	Shelly and the Hyperactive Turtle
Nadeau, Kathleen	Learning to Slow Down and Pay Attention
Quinn, Patricia	Putting on the Brakes
Shapiro, Lawrence	Jumping Jake Settles Down
Shapiro, Lawrence	Sometime I Drive My Mom Crazy, But I Know She's Crazy About Me
Stern, Judith	Putting On the Breaks
Weiner, Ellen	Taking ADD to School

Anxiety

Aborn, Allyson	Everything I Do, You Blame Me
Berry, Joy	A Children's Book About Lying
Cain, Janan	The Way I Feel
Crary, Elizabeth	I'm Scared
Crary, Elizabeth	Mommy Don't Go
Danneberg, Julie	First Day Jitters
Dlugokinski, Eric	Dealing with Feelings
Freyman, Saxton	How Are You Peeling?
Gilmore, Rachna	A Screaming Kind of Day
Lite, Lori	A Boy and a Bear
Lite, Lori	Bubble Riding
Lite, Lori	Angry Octopus
Marcozzi, Beth Ann	My Best Friend Is Me
Shapiro, Lawrence	All Feelings Are Okay
Shapiro, Lawrence	Sometime I Like To Fight, I Don't Do It Much Anymore
Slap-Shelton, Laura	Every Time I Blow My Top I Lose My Head

Asperger's Syndrome

Hoopmann, Kathy	Blue Bottle Mystery: an Asperger Adventure
Hoopmann, Kathy	All Cats Have Asperger Syndrome
Welton, Jude	Can I Tell You About Asperger Syndrome?

Autism

Edwards, Andreanna	Taking Autism To School
Hoopman, Kathy	Blue Bottle Mystery
Sabin, Ellen	The Atism Acceptance Book
Shally, Celeste	Since We're Friends- an autism picture book
Thompson, Mary	Andy and His Yellow Frisbee

Bipolar Disorder

Anglada, Tracy	Brandon and the Bipolar Bear
Anglada, Tracy	Turbo Max: a Story for Sibs of Children with Bipolar Disorder
BP Children	The Student with Bipolar
Child Bipolar Assoc	The Storm in My Brain
Hebert, Bryna	My Bipolar Roller Coaster Feelings Book
Hebert, Bryna	My Bipolar Roller Coaster Feelings Workbook
Hebert, Bryna	Anger Mountain
Lewandowski, Lisa	Darcy Daisey and the Firefly Festival

Bullying

Berenstain	Berenstain Bears and the Bully
Berenstain	Berenstain Bears and the Double Dare
Blume, Judy	Blubber
Brunet, Karen	Simon's Hook
Romain, Trevor	Bullies are a Pain in the Brain
Soule, Jean Conder	Never Tease a Weasel

Depression

Berry, Joy	Feeling Sad
Khalsa, Kathy	Taking Depression to School
Rashkin, Rachel	Feeling Better – A Kid's Book About Therapy
Ratcliffe, Jane	Sometimes I get Sad

Diabetes

Mulder, Linnea, RN	Sarah and Puffle – A Story for Children About Diabetes
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Disabilities

Brown, Tricia	Someone Special, Just Like You
Osofsky, Audrey	My Buddy
Ortho-McNeil	Expressions of Courage – Arts by People w/Epilepsy
Shriver, Maria	What’s Wrong With Timmy?
Shriver, Maria	Que le Pasa a Timmy?

Epilepsy

Beran, Roy	Learning About Epilepsy
Epilepsy Foundation	Me and My World
Gosselin, Kim	Taking Seizure Disorders to School
McNeil, Ortho	Expressions of Courage
Novartis Pharmaceutic	
Weiner, Ellen	Taking Seizures to School

General Health

AAA	All About Food & Insect Sting Allergies
Celestial Arts	There is a Rainbow Behind Every Dark Cloud
Crowe, Karen	Under My Skin – A Kid’s Guide to Atopic Dermatitis
Glatzer, Jenna	Taking Down Syndrome To School
Kransy-Brown, L.	Dinosaurs Alive and Well
Krueger, Tira	Taking Tourette Syndrome To School
McCormick, Trevino	Zoey & the Zones – Children w/Asthma
Peacock, Carol A.	Sugar Was My Best Food
Sander, Nancy	So, you have Asthma Too

Learning Disabilities

Gehret, Jeanne	The Don’t Give Up Kid
Levine, Mel	All Kinds of Minds
Stern, Judith	Many Ways To Learn
Moynihan, Lauren	Taking Dyslexia To School

OCD

Foster, Constance	Kids Like Me
Hesser, Terry	Kissing Doorknobs (Teens)
Huebner, Dawn	What to Do When Your Brain Gets Stuck: A Kid’s Guide
Huebner, Dawn	What to Do When You Worry Too Much: A Kid’s Guide
Jabalensky, Jennifer	Blink, Blink, Clop, Clop: Why We Do Things We Can’t Stop
Pinto, Aureen	Up and Down Worry Hill

ALL KINDS OF FAMILIES:

Adoption

Brodzinsky, Anne	The Mulberry Bird
Curtis, Jamie Lee	Tell Me Again About the Night I Was Born
Giff, Patricia	All The Way Home
Katz, Karen	Over The Moon
Koehler, Phoebe	The Day We Met You
Lewis, Rose	I Love You Like Crazy Cakes
McCutcheon, John	Happy Adoption Day
Nemiroff, Marc	All About Adoption
Newman, Leslea	Felicia's Favorite Story

Divorce

Beyer, Roberta	Speaking of Divorce- how to talk to your kids, help them cope
Blitzer-Field, Mary	My Life Turned Upside Down, But I Turned it Right side Up
Christiansen,C.B.	My Mother's House, My Father's House
Girard,LindaW	At Daddy's on Saturdays
Helmering,Doris W	I Have Two Families
Kransy-Brown, L/M	Dinosaurs Divorce
Magsamen, Susan	My Two Homes
Park, Barbara	Don't Make Me Smile
Spelman,Cornelia M	Mamma and Daddy Bear's Divorce
Winchester, Kent	What in the World to do When Your Parents Get Divorced

Families

Berenstain	Berenstain Bears and the Week at Grandma's
Berenstain	Berenstain Bears Trouble w/Pets
Berenstain	Berenstains Cook-It
Bobbi, Kates	We're Different, We're the Same
Eastman	Flag Your Wings
Fletcher, Ralph	Uncle Daddy
Gordon, Sol	All Families Are Different
Hoberman, Mary	Fathers, Mothers, Sisters, Brothers
Kransy-Brown, L.	Dinosaurs Travel
MacLachlan, Patricia	Baby
MacLachlan, Patricia	Journey
Newman, Leslea	Heather Has Two Mommies
Parr, Todd	We Belong Together
Penn, Audrey	The Kissing Hand

Pickney, Sandra L.	I Am Latino – The Beauty in Me
Simon, Norma	All Families Are Special
Simon, Norma	All Kinds of Families
Skutch, Robert	Who’s in a Family?

Siblings

Berenstain, Stan & Jan	The Berenstain Bears’ New Baby
Berenstain, Stan & Jan	The Berenstain Bears Get In A Fight
Boynton, Sandra	The Going to Bed Book
Corey, Dorothy	Will There Be a Lap for Me?
Gehret, Jeanne	I’m Somebody Too
Hoberman, Mary Ann	And To Think We Thought That We’d Never Be Friends
Howe, James	There’s a Monster Under My Bed
Meyer, Donald	Living with a Brother or Sister with Special Needs
Meyer, Donald	The Sibling Slam Book
Zemach, Margot	Eating Up Gladys

PROBLEMS WITH FAMILIES:

Children with a Seriously Ill Parent

Amer Cancer Society	It Helps to Have Friends
Cohn,	Someone I Love Has Cancer
Kohlenberg, Sherry	Sammy’s Mommy Has Cancer
Parkenson, Carolyn	My Mommy Has Cancer
Sherkin-Lenger,	When Mommy is Sick

Children with a Depressed Parent

Campbell, Bebe	Sometimes My Mommy Gets Angry
Renee, Fran	What Happened to Mommy?

Children with Parents Abusing Substances

Vigna, Judith	I Wish Daddy Didn’t Drink So Much
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Children who have Siblings with Special Needs

Gehret, Jeanne	I’m Somebody Too
Gordon, Michael	My Brother is a World Class Pain: A Siblings Guide to ADHD
Meyer, Donald	Views From Our Shoes
Meyer, Donald	The Sibling Slam Book
Stuve-DeVito	We’ll Paint the Octopus Red
Steve-DeVito	The Best, Worst Brother

Steve-DeVito

Living with Brother or Sister w/Special Needs

Grief and Loss

Conlin, Jayan

Michael's Story

Conlin, Jayan

Nat's Story

[Heegard, Marge](#)

[When Someone Very Special Dies](#)

Krasny, Laurie

When Dinosaurs Die

Mellonie, Bryan

Lifetimes- the beautiful way to explain death to children

Romain, Trevor

What on Earth Do You Do When Someone Dies?

Silverman, Janis

Help Me Say Goodbye

Smith, Doris

A Taste of Blackberries

Smith, Maggie

Desser the Best Ever Cat

Thomas, Pat

I Miss You- a First Look at Death

Trozzi, Maria

Talking with Children about Loss

Varley, Susan

Badger's Parting Gifts

Viorst, Judith

The Tenth Good Thing About Barney

White, E.B.

Charlotte's Web

Wigglesworth

Penny Bears' Gift of Love

Wilhelm, Hans

I'll Always Love You

Pet Loss

Hill, Frances

The Bug Cemetery

Wilhelm, Hans

I'll Always Love You

Witnessing Violence

Bernstein, Sharon

A Family That Fights

Davis, Diane

Something Is Wrong At My House

Hochban, Ty

Hear My Roar: A Story of Family Violence

Holmes, Margaret

A Terrible Thing Happened

HOW I FEEL:

Feelings

Agassi, Martine

Hands are not for Hitting

Aborn, Allyson

Everything I Do You Blame on Me

Aliki

Feelings

Bang, Molly

When Sophie Gets Angry, Really, Really Angry

Berry, Joy

A Children's Book About Lying

Berry, Joy

A Children's Book About Being Selfish

Berry, Joy

A Children's Book About Disobeying

Berry, Joy

A Children's Book About Teasing

Berry, Joy	Let's Talk About Feeling Embarrassed
Berry, Joy	Let's Talk About Feeling Worried
Brown, Marc	Arthur and the Big Blow-Up
Brown, Marc	Arthur's TV Trouble
Cain, Janan	The Way I Feel
Cleary, Beverly	Ramona the Brave
Clements, Andrew	Because Your Daddy Loves You
Crary, Elizabeth	I'm Scared
Crist, James	What to do When You're Scared and Worried
Danneberg, Julie	First Day Jitters
Dlugokinski, Eric	Dealing With Feelings
Freymann, Saxton	How Are You Feeling?
Gilmore, Rachna	A Screaming Kind of Day
Hargreaves, Roger	Mr. Grumble
Hargreaves, Roger	Mr. Bump
Hargreaves, Roger	Little Miss Whoops
Hebert, Bryna	Anger Mountain
Kachenmeister, C	On Monday When It Rained
Kaiser, Cecily	If You Are Angry and You Know It
Keller, Holly	Geraldine's Big Snow
Krosoczka, Jarrett	Baghead
Leonard, Marcia	How I Feel Scared
Leonard, Marcia	How I Feel Happy
Leonard, Marcia	How I Feel Angry
Leonard, Marcia	How I Feel Silly
Marcozzi, Beth Ann	My Best Friend Is Me
Mastrocola, Lisa	Magical Journey Meditations
Mayer, Mercer	I Was So Mad
Mayer, Mercer	Just A Little Sick
McBratney, Sam	Guess How Much I Love You
McDonald, Megan	Judy Moody was in a mood. Not a good mood. A bad mood.
Miceli, Mary Anne	How 'Pilly-Pine', the Alpaca, Lost his Quills
Miceli, Mary Anne	Boston North Shore's... Car Wash Squid
Moss, Miriam	Smudge's Grumpy Day
Parr, Todd	The Feelings Book
Parr, Todd	Reading Make You Feel Good
Parr, Todd	The Feel Good Book
Ratcliffe, Jane	Sometimes I Get Sad
Sendak, Maurice	Where the Wild Things Are
Shapiro, Lawrence	All Feelings Are Okay
Shapiro, Lawrence	Sometime I Like To Fight, I Don't Do It Much Anymore
Stolz, Mary	Storm In The Night
Viorst, Judith	Alexander and the Terrible, Horrible, No Good, Very Bad Day

Fitting In

American Girl Library	HELP
Anderson,Hans-Chris	The Ugly Duckling
Berenstain	Berenstain Bears and the In Crowd
Berry, Joy	Let’s Talk About Feeling Inferior
Berry, Joy	Let’s Talk About Accepting “No”
Berry, Joy	Let’s Talk About Being Fair
Berry, Joy	Let’t Talk About Tattling
Berry, Joy	Let’s Talk About Whining
Berry, Joy	A Children’s Book About Disobeying
Cole, Joanna	Norma Jean, Jumping Bean
Carlson, Nancy	I Like Me
Kraus, Robert	Leo the Late Bloomer
Lewandowski, Lisa	Darcy Daisey and the Firefly Festival
Levine, Mel	Jarvis Clutch-Social Spy
Lopshire, Robert	I Want to Be Somebody New!
Martin, Ann	Rachel Parker: Kindergarten Show-Off
Mills, Andy	Shapesville
Romain, Trevor	Cliques, Phonies and Other Baloney

Kindness

Hallinan, PK	Heartprints
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Love

Brown, Margaret	The Runaway Bunny
Harper, Piers	If You Love a Bear
McBratney, Sam	Guess How Much I Love You
Melmed, Laura	I Love You As Much...
Munsch, Robert	Love You Forever
Muntean, Michael	Something Special –a Book About Love
Mastrocola, Lisa	Magical Journey Meditations

GROWING AND CHANGING:

Advice for Girls

Holyoke, Nancy	American Girl Library- HELP!
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Friendship

American Greetings	Girlfriends Are the Best!
Berenstain	Berenstain Bears Trouble with Friends
Canfield, Jack	Chicken Soup for the Kid’s Soul
DeRolf, Shane	The Crayon Box That Talked
Espeland, Pamela	Making Choices and Making Friends

Exley, Helen
Giff, Patricia Reilly
Heine, Helme
Kransy-Brown, L.
Lobel, Arnold
Matthews, Emily
Mayer, Mercer
Rubel, William
Salt, J.S.

Me and my Friend
All About Stacy
Friends
How to be a Friend
Frog and Toad Are Friends
Friendship Is a Gift
[Just My Friend and Me](#)
The Stone Soup Book of Friendship Stories
Always Have at Least 3 Friends and Never Eat a Fly

Growing Up

Berenstain
Berenstain
Berenstain
Berenstain
Berenstain
Berenstain
Berenstain
Berenstain
Berenstain
Berenstain
Bloom, Suzanne
Bridwell, Norman
Ewald, Wendy
Frankel, Alona
Golden Books Publi
Hough, Sigmund/Bria
Johnson, Crockett
Kent, Jack
Kelly, Mij
Klise, M. Sarah
Martin, Bill Jr.
O'Dean, Kathleen
O'Dean, Kathleen
Ordia, Joe
Parr, Todd
Rosenberry, Vera
Scholastic
Sears, William
Sears, William
Sears, William & M.
Shriver, Maria
Well Child Foundati
Williams, Margery

Berenstain Bears and the Bad Dream
Berenstain Bears go out for the Team
Berenstain Bears and the Attic Treasure
Berenstain Bears and Mama's New Job
Berenstain Bears Go to School
Berenstain Bears Get the Gimmies
Berenstain Bears and the Sitter
Berenstain Bears and Too Much TV
Berenstain Bears Go To Camp
Berenstain Bears' Trouble With Pets
Berenstain Bears' Cook-It
Piggy Monday: A Tale About Manners
Clifford Visits the Hospital
The Best Part of Me
Once Upon a Potty
A Visit to the Doctors
Wisdom of a Parent through the Eyes of a Child
Harold and the Purple Crayon
There's No Such Thing as a Dragon
Have You Seen My Potty?
Why Do You Cry?
Here Are My Hands
Great Books for Boys
Great Books for Girls
Dafidi & His Gorilla Family
This is My Hair
Vera's Baby Sister
Every Inch of Me
Baby on the Way
You Can Go to the Potty
What Baby Needs
What's Happening to Grandpa?
The Great Big Book About Me
The Velveteen Rabbit

Worth, Bonnie I Can Go Potty
Ziefert, Harriet Waiting for Baby

Homework

American Girl Library School Smarts
Romain, Trevor How To Do Homework Without Throwing Up
Fox, Janet Get Organized Without Losing It
Webster, Merriam New Exploer Student Dictionary

Inappropriate Touching

Bahr, Amy Sometimes Its OK To Tell Secrets
Conlin, Jayan Jordan’s Story
Dayee, Frances Private Zone
Fay, Jennifer Top Secret
[Foon, Dennis](#) [Am I The Only One?](#)
Hoke, Susan My Body Is Mine, My Feelings Are Mine
Spelman, Cornelia Your Body Belongs To You
Watcher, Oralee Close To Home
Watcher, Oralee No More Secrets

Puberty & Sex Education

Harris, Robie It’s Perfectly Normal
Jones, Carolyn Every Girl Tells a Story
Kransy-Brown, L. What’s the Big Secret
Madaras, Lynda My Body, Myself For Boys
Mayle, Peter What’s Happening To Me?
Mayle, Peter Where Did I Come From?
Potash, Marlin Am I Weird or Is This Normal?

Safety

Berenstain Learn About Strangers
Brown, Marc Dinosaurs, Beware
Davis, Diane Something is Wrong at my House
Harms, Ruth Talking About Touching
Sears, William Eat Healthy Feel Good
State Insurance Safe Cruisin’ With The Good Neighbor Bear
Sweet, Phyllis Something Happened to Me
Tate, Lindsey Kate Larkin – the Bone Expert

Separation

American Greetings

Brown, Margaret
Crary, Elizabeth
Penn, Audrey

Miss You!
The Runaway Bunny
Mommy Don't Go
The Kissing Hand

Sleep/Bedtime

Boynton, Sandra
Bradman, Tony
Brown, Margaret
Brown, Margaret
Howe, James
London, Jonathan
Nikola-Lisa, W
Wadell, Martin
Magsamen, Susan

The Going to Bed Book
A Goodnight Kind of Feeling
A Child's Good Night Book
Good Night Moon
There's a Monster Under my Bed
Froggy Goes To Bed
Night Is Coming
Can't You Sleep Little Bear?
Nighty, Night

Toileting & Soiling

Cho, Shinta
Galven, Mathew
Gomi, Taro
[Kelly, Mij](#)

The Gas We Pass
Clouds and Clocks
Everyone Poops
[Have You Seen My Potty?](#)

MISCELLANEOUS:

[Cherry, Lynne](#)

[The Great Kapok Tree](#)